



Parisian carrots 12/2lb

Carottes Parisiennes

PRODUCT OF BELGIUM

40305

FROZEN VEGETABLES

IQF VEGETABLES

CARROT



Product Description

- White Toque's line of gourmet vegetables is selected from the highest grade of specialty vegetables. Those vegetables are preserved by individually quick freezing to retain texture and flavor of the fresh produce. Our Parisian Carrots are grown naturally round-shaped. Their sweet taste, brilliant orange color and unique shape will delight the gourmet eater. These Parisian Carrots can be used in many recipes as appetizers, in salads or as a side dish.

Pack and Case Specifications

Pack Net Weight

2lb

Packs per Case

12

Case Size (LxWxH)

15.35" x 11.22" x 7.09"

Case Cube

0.71ft³

Case Gross Weight

26lb

Cases per Pallet

90 (9/10)

Ingredients

CARROTS.

Physical

Size: 0.7" to 0.95" (18 to 24mm)
Foreign material: none

Nutrition

Nutrition Facts

Serving Size 2/3 cup (85g)	
Servings Per Container about 10	
Amount Per Serving	
Calories 35	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 40mg	2%
Total Carbohydrate 8g	3%
Dietary Fiber 2g	10%
Sugars 3g	
Protein 1g	
Vitamin A 240%	Vitamin C 4%
Calcium 2%	Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	Carbohydrate 4
Protein 4	

Organoleptic

Color: Bright Deep Orange
Taste: Typical of carrots, sweet
Texture: Tender and firm, not fibrous
Odor: Typical of carrots

Allergens

Certificates and Claims

All Natural.

Cooking Directions

Stove Top

Bring water to full boil in a covered saucepan. Add frozen carrots and simmer for 5 to 7 minutes. Drain and season to taste if served hot; chill in cold water and drain for salad applications.

Microwave

Place frozen carrots in a microwaveable dish. Add 2 tablespoons water and cover. Cook on high setting for 6 to 8 minutes. Stir halfway through cooking time. Drain and season to taste if served hot; chill in cold water and drain for salad applications.

Storage and Shelf Life

Store in freezer below 0°F (-18°C). Keep frozen until ready to use. Do not thaw and refreeze. Unopened bags can be stored for 24 months.

UPC code



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